

## **Home Delivered Meals Referral**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Adult. Contact your local Area Agency on Aging for information

Intake Process

Call the office to determine which Area Agency on Aging covers your area.

Provider Refer

Yes

Self Refer

Yes

DARS, Office for Aging Services, Division of Community Living

<http://www.vda.virginia.gov/>

<https://www.vda.virginia.gov/nutrition.htm>

<https://www.facebook.com/vadars>

Main

(804) 662-9333

Toll-Free

(800) 552-3402

1610 Forest Avenue, Suite 100

23229 VA

United States

Fee Structure

No Fee

Languages Spoken

English

The Home-Delivered Nutrition Services Program provides meals and related nutrition services for older individuals who are homebound. The Home-Delivered Nutrition program serves homebound, or isolated individuals who are age 60 and over, and in some cases, their caregivers, spouses, and/or persons with disabilities. To be

considered homebound, the individual is unable to leave home to attend regular social activities such as a congregate nutrition site; needs escort assistance to attend medical appointments; is without access to adequate nutrition and for whom transportation to a congregate site is unfeasible; is unable to prepare meals and has no one available to prepare meals. This program provides much more than food. It provides a nutritious meal plus a safety check, and sometimes the only opportunity for face-to-face contact an individual has for that day. Area Agencies on Aging throughout the state deliver the meals. Call for eligibility requirements. Callers will be referred to their local Area Agency on Aging.

Service Area(s)

Statewide

Email

[dars@dars.virginia.gov](mailto:dars@dars.virginia.gov)