Sentara Martha Jefferson Balance & Fall Prevention Assessment

Age Requirements No Age Requirement Available 24/7 No Intake Process Please call the office. Provider Refer Yes **Report Problems** Call the Agency Self Refer Yes Sentara Martha Jefferson Outpatient Physical, Occupational & Speech Therapy https://www.sentara.com/charlottesville-virginia/medicalservices/services/thera... Main (434) 817-4284 **Toll-Free** (800) 633-6353

Sentara Martha Jefferson Outpatient Physical, Occupational and Speech Therapy 590 Peter Jefferson Parkway, 2nd Floor 22911 VA United States

Monday: 6:30 am-5:00 pm Tuesday: 6:30 am-6:30 pm Wednesday: 6:30 am-5:00 pm Thursday: 6:30 am-6:30 pm Friday: 6:30 am-4:00 pm Saturday: Closed Sunday: Closed Fee Structure Fee Range Payment Method(s) Private Pay

Private Insurance

Medicaid

Medicare

Tricare Languages Spoken English

Call if translation is needed

Sentara Martha Jefferson Outpatient Physical, Occupational & Speech Therapy has a comprehensive program for seniors that includes orthopedic care, fall prevention, balance retraining, osteoarthritis, and osteoporosis treatment and instruction inhome safety. A geriatric Certified Physical Therapist is on staff providing specialized assessment and treatment for seniors.

Osteoarthritis care includes specially designed programs to strengthen and support painful joints and to maintain flexibility to for maximal joint function and pain management. Sentara Martha Jefferson Physical and Occupational therapists work to develop an individualized program to minimize the risk of injury and maximize function.

Sentara Martha Jefferson Hospital also has the only Charlottesville Certified Aging-in-Place Specialist (CAPS) who consults with individuals, builders, and architects for home modifications for safe, independent living.

Service Area(s) Albemarle County

Buckingham County

Charlottesville City

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Fluvanna County

Greene County

Louisa County

Madison County

Nelson County

Orange County