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## [Holding a Family Meeting](#)

Cooperation is key in any family caregiving situation, and family meetings help to achieve consensus. The Family Caregiver Alliance article [Holding a Family Meeting](#) covers who should be involved in the meeting, setting agendas for the meeting, where to hold meetings. The article identifies potential challenges that could occur, outlines the "Win/Win" situation, provides advice on when to get outside help, and provides additional resources.

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