

## **"55 & Better" Programs**

Age Requirements

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Must be a resident of Chesapeake and at least 55 years of age.

Family

No

Intake Process

Telephone referral, registration required for some activities. Program registration form can be accessed online.

Report Problems

Other

Self Refer

Yes

Chesapeake Parks, Recreation and Tourism

<http://www.cityofchesapeake.net/Government/City-Departments/Departments/parks-r...>

<http://www.cityofchesapeake.net/government/city-departments/departments/parks-r...>

<https://www.facebook.com/CityofChesapeake>

Main

(757) 382-6411

1224 Progressive Drive, Suite 200

23320 VA

United States

Additional Availability Comments

Monday-Friday 8 am - 5 pm

Fee Structure

Call for Information

Payment Method(s)

Private Pay  
Languages Spoken  
English

The Senior Program Office offers "55 & Better" Programs generally for "55 & Better" adults. Activities fill up quickly so register early. Programs include recreation, leisure, and educational opportunities. The Peake Discovery Guide, published by the Parks & Recreation, lists the recreational and leisure activities offered by the department for all ages. A copy can be obtained at any one of the eight community centers, public libraries or call 757-382-6411.

To register, complete a [Program Registration Form](#) then either mail it with check to the program office, walk in with a check to any one of the 8 community centers or the administrative office, or register online and pay by credit card.

The Senior Program Office also maintains a list of Senior Clubs in the Chesapeake area and publishes a Senior Newsletter containing the monthly activities and events. Email [kwilliams@cityofchesapeake.net](mailto:kwilliams@cityofchesapeake.net) to add your name to the mailing list or call 757-962-5828.

Service Area(s)  
Chesapeake City  
Email  
[ContactPRT@cityofchesapeake.net](mailto:ContactPRT@cityofchesapeake.net)