

## **Individual and Group Counseling for Men, Women, and Youth**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Open to all

Intake Process

Contact the office for more information.

Self Refer

Yes

Avalon Center for Women and Children

<http://www.avaloncenter.org>

<https://avaloncenter.org/services#Individual%20and%20Group%20Counseling>

Main

(757) 258-5022

Phone Emergency

(757) 258-5051

PO Box 6805

23188 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Avalon works with survivors is to increase their ability to stay safe in the future and heal from the effects of violence. Avalon welcomes women and men in all stages of the survival process. Counseling for survivors of domestic violence, sexual assault, and stalking, both past and present, is offered.

Counselors work with clients to:

- Heal from past traumas
- Work towards a safe and self-sufficient future
- Provide a safe space to share experience, strength, and perspective with other survivors
- Help with resources for those who want to help survivors in their lives

All counseling services through Avalon are provided at no cost. For more information or make an appointment, call the Outreach Office at 757-258-5022 and ask for a counselor.

A support group for survivors of domestic violence is also offered.

Service Area(s)

James City County

,

Poquoson City

,

Williamsburg City

,

York County