South County Senior Center

Age Requirements 56-60 , 60 +Available 24/7 No Other Eligibility Criteria Residents of Fairfax County (can have Alexandria address), 55 years of age or older
 All program applicants must meet eligibility requirements, participation guidelines, and adhere to the Code of Conduct for senior centers. Family No Intake Contact Paula Gianmarco Intake Contact Email paula.giammarco@fairfaxcounty.gov **Intake Process** Complete a registration form at the center **Provider Refer** Yes Self Refer Yes Fairfax County Neighborhood and Community Services http://www.fairfaxcounty.gov/ncs/ https://www.fairfaxcounty.gov/neighborhood-community-services/senior-centers @FairfaxNCS Main (703) 704-6216 TTY/TTD 711 8350 Richmond Highway, Suite 325 22309 VA

United States

Additional Availability Comments Operating Hours are Monday through Friday 9:00am to 4:00pm Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken English

South County Senior Center (Groveton) offers a wide assortment of energizing and enjoyable programs and services for citizens 55 years of age or older. Programs are specifically designed for senior adults who wish to maintain healthy and fulfilling lives.

As diverse as the people they serve, these offering provide a broad range of opportunities and experiences: social events, recreation classes, intergenerational opportunities; day trips, tours shopping; health fairs, fitness programs, senior Olympics; enrichment classes, workshops and computer education. The staff collaborates with other County and community organizations to provide many services for the County's aging population including transportation to and from centers, nutritious lunch, and information and referral to various human services.

The Senior+ Program is an innovative inclusion program, within the senior centers, for seniors with minor cognitive and physical disabilities. Senior+ bridges the gap between day programs for fully independent seniors and those who require more assistance. Its value is that it allows seniors with disabilities to enjoy the wide range of programming found at the county's full service senior centers.

Transportation, by Fastran bus, may be available at a nominal charge from your home to the center nearest you and back home. Check with the center to find out about transportation.

The TTY telephone number to call is 711.

{Languages: American Sign Language, Arabic, Chinese (Mandarin), Vietnamese}

Service Area(s) Alexandria City , Fairfax City , Fairfax County , Falls Church City Email ncs@fairfaxcounty.gov