Congregate Meals, Coeburn

Age Requirements 56-60 , 60 +Available 24/7 No Other Eligibility Criteria Persons age 60 and older Family No Intake Contact Email info@meoc.org **Intake Process** Walk-ins and telephone referrals accepted **Provider Refer** Yes Self Refer Yes Mountain Empire Older Citizens, Inc. (MEOC) http://www.meoc.org https://www.facebook.com/mountainempireoldercitizens/ https://twitter.com/VAMEOC Main (276) 523-4202 **Toll-Free** (800) 252-6362 413 Front Street 24230 VA **United States** Additional Availability Comments Office hours are Monday-Friday 8AM-5:30PM Fee Structure Suggested Donation

Languages Spoken English

Mountain Empire Older Citizens (MEOC) provides a congregate nutrition site at the Lay's Building offering a nutritious, hot, noontime meal. Each site offers a variety of activities, exercise, health education, health screenings, music and storytelling, quilting and crafts. Current events and other topics of interest to older citizens are an important part of the program. These sites operate as part of MEOC Wellness Is Now (WIN) initiative. Most WIN Centers also provide community group respite service during regular hours of operation.

Meal site operates on Tuesdays from 9:30AM until 1:30PM at Lay's Building.

Service Area(s) Wise County Email kristen.rutherford@meoc.org