Early Stage Memory Care Programs

Age Requirements 18 and over Available 24/7 No Other Eligibility Criteria Persons with MCI or early-stage dementia. Family No Intake Contact Email imcc@insightmcc.org **Intake Process** Must pre-register. Call for more information Intake Contact Telephone (703) 204-4664 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Insight Memory Care Center http://www.insightmcc.org/ https://www.insightmcc.org/programs/early-stage-memory-care/ https://www.facebook.com/InsightMCC/ Main (703) 204-4664 2812 Old Lee Highway Suite 210 22031 VA **United States** Monday: 7:30 am-5:30 pm Tuesday: 7:30 am-5:30 pm Wednesday: 7:30 am-5:30 pm

Thursday: 7:30 am-5:30 pm Friday: 7:30 am-5:30 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken English

Insight Memory Care Center (IMCC) offers programs to assist individuals with memory loss and their families throughout the entire journey. The trained and compassionate professionals at IMCC will guide you through the first steps and help you have the best quality of life possible as you and your family live with memory loss or dementia.

When you receive a diagnosis of Mild Cognitive Impairment, Alzheimer's, or dementia, it's overwhelming, to say the least. You're probably asking some form of "now what?" "Where do I go from here?" Or "how can I help my family with this?" First know, you are not alone! Insight Memory Care Center assists individuals with memory loss and their families from the beginning and throughout the entire journey. We can guide you through the first steps and help you have the best quality of life possible as you and your family live with memory loss or dementia.

For those in the early stages, we offer the <u>Reconnections program</u> for individuals to attend and the <u>Mind and Body Workshop</u>, and the <u>Memory Cafe</u> for caregivers and their loved ones to attend together.

Reconnections is offered Monday through Friday, at various locations, both in-person and virtually. Participants can attend from one to five days a week, based on their preferred schedule. Visit the website to learn more about the early-stage program.

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Service Area(s)
Alexandria City
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Arlington County
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Fairfax City
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Fairfax County , Falls Church City , Loudoun County , Manassas City , Manassas Park City , Prince William County Email imcc@insightmcc.org