## **Information and Assistance**

Age Requirements 18 and over 60+ Available 24/7 No Other Eligibility Criteria Open to all. **Family** Yes **Intake Contact** Sheila McGrath Intake Contact Email info@jabacares.org **Intake Process** Request information by phone, mail, email, or in person. Intake Contact Telephone (434) 817-5222 Provider Refer No Self Refer Yes JABA (Jefferson Area Board for Aging) https://www.jabacares.org/ https://www.jabacares.org/answering-questions https://www.facebook.com/jaba.charlottesville/ JABA (@jabacares) / Twitter Main (434) 817-5222 Toll-Free (833) 559-2428 674 Hillsdale Drive

Suite 9

## 22901 VA United States

Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm Friday: 8:30 am-5:00 pm

Saturday: Closed Sunday: Closed Fee Structure

No Fee

Languages Spoken

English

Spanish

JABA supports seniors (60+), adults with disabilities, and caregivers by providing information, referral, and other assistance to help them maintain their independence and make sound decisions about aging. JABA offers a national referral service and telephone consultations to help individuals better understand their options and navigate complex systems. JABA also presents about various aging topics and service resources to community groups.

Service Area(s)
Albemarle County
,
Charlottesville City
,
Fluvanna County
,
Greene County
,
Louisa County
,
Nelson County
Email
info@jabacares.org