

Shenandoah Area Agency on Aging

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

60 years and older

Family

No

Intake Contact

Melody Canard

Intake Contact Email

info@seniorsfirst.info

Intake Process

A potential client or individual giving a referral will contact the agency by phone, email or in-person. Information regarding the client is taken and referred to a case manager who will contact the client to discuss concerns and set up an appointment.

Intake Contact Telephone

(540) 635-7141

Provider Refer

Yes

Self Refer

Yes

Seniors First, The Shenandoah Area Agency on Aging

<https://seniorsfirst.info/>

Main

(540) 635-7141

207 Mosby Lane

22630 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

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Spanish

Seniors First, The Shenandoah Area Agency on Aging, provides high-quality services and opportunities that enhance the dignity and independence of seniors and promote their contributions to the community.

We provide services in Clarke, Frederick, Page, Shenandoah, Warren, and Winchester to individuals 60 years or older.

For more information, please call the Seniors First, The Shenandoah Area Agency on Aging office at (540) 635-7141. Please [visit our website](#) for more program information on individual services.

In-home services

Meals on Wheels program offers a nutritionally balanced home-delivered meal, social contact, and a well-being check that takes place when the meal is delivered. Individuals must be 60 years or older and homebound, meaning they are unable to drive or have no transportation. For more information, please call the office at (540) 635-7141.

Homemaker Services provide assistance with cleaning, laundry, and other light housekeeping services. For more information, please call the office at (540) 635-7141.

Personal Care is provided by CNA's who help with bathing and grooming. For more information, please call the office at (540) 635-7141.

Respite Centers- Helping Hands for individuals with Alzheimer's or related dementia. A Case Manager from SAAA will conduct an initial assessment to determine eligibility for Helping Hands services.

Heling Hands Respite Center in Luray, Virginia is open Fridays from 10:00 AM until 3:00 PM. Call (540) 743-1241 for information.

WellTran provides non-emergency transportation for seniors 60 years and older, and for adults with a disability 18 and older. Please call (540) 635-7141 or (540) 551-5706.

Virginia Insurance Counseling and Assistance Program (VICAP) - A certified Insurance Counselor is available to help you all year long and provides confidential assistance to individuals in their area free of charge for people with Medicare. They can also assist you with filing for benefits, and sorting through complicated statements and notices, and resolve claims or billing questions. Call the office at (540) 635-7141 to ask a question or schedule a consultation by phone or in-person.

Long-Term Care Ombudsman is an advocate for residents of nursing homes, assisted living facilities, and those who receive home care services. The Ombudsman is trained to resolve problems, advocates for and educates consumers and long-term care providers about residents' rights and good care practices, provides information to the public on nursing homes and other long-term care facilities, services, and residents' rights, and legislative and policy issues. Call the office at (540) 635-7141 for more information.

Service Area(s)

Clarke County

,

Frederick County

,

Page County

,

Shenandoah County

,

Warren County

,

Winchester City

Email

info@seniorsfirst.info