

## Caregivers Support Group

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Adult. Resident of McLean, Grafton, Falls Church, Oakton, Reston, Vienna and Fairfax

Family

No

Intake Contact

Staff Member

Intake Contact Email

office@scov.org

Intake Process

Call for further information or email.

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Certain Zip codes in Fairfax County

Self Refer

Yes

Shepherd's Center of Northern Virginia (SCNOVA)

<https://www.scnova.org/>

<https://scnova.org/services/services-caregivers-support-group/>

<https://www.facebook.com/scnova.org>

Main

(703) 260-9568

541 Marshall Road SW

22180 VA

United States

Monday: 10:00 am-4:00 pm

Tuesday: 10:00 am-4:00 pm

Wednesday: 10:00 am-4:00 pm

Thursday: 10:00 am-4:00 pm

Friday: 10:00 am-4:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Office hours are Monday-Friday 10AM-2PM

Fee Structure

No Fee

Languages Spoken

English

The Caregivers' Support Group, started in 2002, is for caregivers of adult family members. Most of the care receivers have dementia, but that condition is not a requirement. Some are cared for at home, some in local assisted living facilities, and some are out of state. Meetings are gently facilitated and encourage sharing of feelings, problems, helpful information, and bright spots.

The Caregivers' Support Group offers two sessions a month, on the 1st and 3rd Tuesday of every month from 10:00 am-11:30 am via Zoom. For more information, contact Jack Tarr, 703-821-6838, [jtarr5@verizon.net](mailto:jtarr5@verizon.net); or Lynn Rafferty, 703-508-1365, [radmom8992@gmail.com](mailto:radmom8992@gmail.com).

Join us to share ideas and resources. This is an opportunity to reach out to others and to receive support from those who have traveled the road of care giving.

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City

Email

[office@scnova.org](mailto:office@scnova.org)