

## **Companionship and Home Helper Services**

Age Requirements

60+

Available 24/7

No

Family

No

Intake Process

Call the office for more information

Self Refer

Yes

Home Instead Senior Care, Virginia Beach

<http://www.homeinstead.com/481>

Main

(757) 631-7744

751 Independence Circle Suite 204

23455 VA

United States

Additional Availability Comments

Service can be 24/7

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Home Instead Senior Care offers helper services. Home Helper Services allow seniors to continue living in the homes they treasure, keep their familiar routines, socialize with friends and keep their sense of self-sufficiency. Home Helper Services include:

- Assist with household tasks

- Help with laundry and ironing
- Take out garbage
- Make beds
- Change linens
- Dust furniture
- Organize and clean closets
- Plan, prepare and clean up meals
- Shop for groceries and supplies
- Prepare future meals
- Help with errands
- Drop off and pick up dry cleaning
- Pick up prescriptions
- Assist with pet care
- Escort to appointments and events
- Accompany to lunch or dinner
- Escort for shopping and errands
- Attend plays and concerts
- Escort to religious services
- Attend club meetings and sporting events
- Aid with airport tasks

and more. Call the office for information.

Service Area(s)

Chesapeake City

,

Portsmouth City

,

Virginia Beach City