

Administration, Suffolk

Age Requirements

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Infancy to seniors

Family

No

Intake Process

Telephone referral or walk-ins accepted

Self Refer

Yes

The Up Center

<http://www.theupcenter.org>

<https://www.facebook.com/TheUpCenter>

Main

(757) 965-8663

109.5 Clay Street

23434 VA

United States

Monday: 8:30 am-5:30 pm

Tuesday: 8:30 am-1:30 pm

Wednesday: 8:30 am-5:30 pm

Thursday: 8:30 am-5:30 pm

Friday: 8:30 am-5:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

Suffolk office of The Up Center provides a variety of services and programs for infants to seniors. Some of the services provided are education programs on parenting, divorce, stress, sexuality and self esteem which help to keep families healthy, strong and together. Other programs and services offered are Foster Care and Adoption, Family Strengthening programs, Youth Mentoring, Financial and Housing Counseling, Services for People with Disabilities, Veterans Counseling, Support for Seniors, Violence Prevention and much more.

Services are offered where they are needed: in homes, in offices, schools and out in the community.

Service Area(s)

Norfolk City

,

Portsmouth City

,

Suffolk City