

## Senior Lunch, Senior Program

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Seniors age 60 or better

Family

No

Intake Process

Call for information.

Report Problems

Call the Agency

Self Refer

Yes

Hampton Roads Community Action Program

<http://hrcapinc.org/>

<https://hrcapinc.org/directory/listing/senior-program>

<https://www.facebook.com/HamptonRoadsCAP/>

Main

(757) 244-4111

392 Maple Avenue

23607 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

Senior Program is located at the Hampton Roads Community Action Program's Clark Multi-Purpose Center. Hot and nutritious lunches are served five days per week, sponsored by PAA (Peninsula Agency on Aging) and by Community Food and Nutrition.

The senior program has been an active part of OHA since 1967 and housed at the Clark Center since 1981. The service area includes the Cities of Newport News and Hampton. All programs and activities are offered to adults ages 60 and over; special programs are offered to other adults who are under 50.

The center provides an atmosphere to encourage senior participation in recreational, educational, nutritional, cultural programs, exercise and activities. Tours and shopping trips are scheduled. Television, books, games, crafts, and music are available in the senior lounge. Transportation is provided to many of the seniors.

The Senior Program is located at the Office of Human Affairs' Clark Multi-Purpose Center.

Service Area(s)

Hampton City

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Newport News City