

## Companion Services and Chore Services

Age Requirements

18 and over

Family

No

Intake Process

Call the office

Self Refer

Yes

Senior Helpers, Fishersville

<https://www.seniorhelpers.com/shenandoah-va/services/>

Main

(540) 425-3866

Toll-Free

(888) 802-8694

30 Ladd Road

22939 VA

United States

Additional Availability Comments

Office hours Monday through Friday 9am until 5pm

Fee Structure

Fee Range

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

Languages Spoken

English

Senior Helpers provides companionship and chore services to seniors and others who aren't ready to leave their home for an institutional setting or live with relatives

but need support to remain at home. One-on-one human contact is provided to reduce isolation and improve their quality of life. Our services include:

- Caring Companionship & Conversation
- Light Housekeeping
- Meal Planning & Preparation
- Running Errands
- Medication and Appointment Reminders
- Laundry, Ironing & Linen
- Grocery Shopping
- Organize Closet and Pantries
- Play Games and cards
- Walking Assistance
- Bath & Grooming Assistance
- Visit Friends

Service Area(s)

Amherst County

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Appomattox County

,

Augusta County

,

Botetourt County

,

Campbell County

,

Craig County

,

Lynchburg City

,

Roanoke City

,

Roanoke County

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Salem City

,

Staunton City

,

Waynesboro City