

## Senior Adult Services

Age Requirements

0-5

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6-12

,

13-21

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22-55

,

56-60

,

60+

Family

No

Self Refer

Yes

Virginia Beach Department of Human Services

<http://www.vbgov.com/government/departments/human-services/your-dhs/Pages/famil...>

Main

(757) 385-4135

Toll-Free

(888) 832-3858

3432 Virginia Beach Boulevard

Suite 342

23452 VA

United States

Languages Spoken

English

Senior Adult Services of Virginia Beach Department of Human Services includes treatment services provided to adults over the age of 60. Services include individual

and group therapy, medication management, case management, education and support groups as well as respite care.

Respite care provides a break from care-giving responsibilities allowing the family caregiver time to regroup, renew, recharge and restore balance in life and reduce stress. The in-home and adult sitter provides supervision and socialization to individuals who live with their primary caregiver and who are not safe to be left alone due to illness or dementia. The respite receiver must be 60 years of age or older.

Call 757.385.4135 for more information.

Service Area(s)  
Virginia Beach City