

## **Volunteers for Hospital Elder Life Program**

Age Requirements

0-5

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6-12

,

13-21

,

22-55

,

56-60

,

60+

Family

No

Intake Contact Email

susan.heisey@inova.org

Provider Refer

Yes

Report Problems

Other

Self Refer

Yes

Inova Fairfax Medical Center

<http://www.inova.org/help>

Main

(703) 204-3340

3300 Gallows Road

22042 VA

United States

Languages Spoken

English

Inova Fairfax Hospital is looking for volunteers for an innovative program designed to help hospitalized older frail adults during their hospital stay. Hospitalized patients are visited three times a day during their hospital stay by volunteers, seven days a week to prevent mental and physical decline. Assistance is offered with meals, walking, stress reduction, sleep promotion and cognitive stimulation.

Volunteers are carefully trained to give bedside attention to lessen or prevent what is known as delirium and to help keep hospitalized patients from declining mentally and physically.

Click on the [Hospital Elder Life Program](#) (HELP) to learn more.

Please contact Susan Heisey, the HELP Program Director, at 703-204-3349 or [apply online](#) if you are interested in being a volunteer.

Service Area(s)

Alexandria City

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Arlington County

,

Fairfax City

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Fairfax County

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Falls Church City

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Loudoun County

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Manassas City

,

Manassas Park City

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Maryland

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Prince William County

,

Washington DC