

## Fall Prevention

Age Requirements

18 and over

Intake Process

Call the office for information and to schedule an appointment. A physician referral may be required for Medicare patients.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Fusion Physical Therapy

<https://www.fusionpta.com>

Main

(540) 710-0100

4701 Spotsylvania Parkway, Suite 106

22407 VA

United States

Monday: 7:00 am-7:00 pm

Tuesday: 7:00 am-7:00 pm

Wednesday: 7:00 am-7:00 pm

Thursday: 7:00 am-7:00 pm

Friday: 7:00 am-7:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicare

## Languages Spoken

English

Fusion Physical Therapy offers a Fall Prevention program. A Physical Therapist can assess an individual to determine their risk of falls and will develop an individualized program based on his or her specific needs. Interventions may include:

- Coordination activities such as obstacle courses to improve balance and walking
- Strength training and stretching exercises to improve weakness and mobility
- ADL training such as transfers from multilevel surfaces and choosing the appropriate assisted device to prevent falls.

A special aquatic program is available for adolescents and adults with Autism to help with balance.

## Service Area(s)

Fredericksburg City

,

Spotsylvania County

,

Stafford County