

## **Parkinson's Support Group**

Age Requirements

18 and over

Available 24/7

Yes

Intake Contact

Rita DePew

Intake Contact Email

rita.depew@kaballero.com

Intake Process

Call or email for information.

Intake Contact Telephone

(804) 435-9553

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Rappahannock Westminster Canterbury

<https://rw-c.org/>

<https://rw-c.org/community/#support>

<https://www.facebook.com/IrvingtonVA>

[https://twitter.com/RWC\\_IrvingtonVa](https://twitter.com/RWC_IrvingtonVa)

Main

(804) 438-4000

Toll-Free

(800) 792-1444

132 Lancaster Drive

22480 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: 9:00 am-5:00 pm

Sunday: 9:00 am-5:00 pm

Additional Availability Comments

Check when the groups meet.

Fee Structure

No Fee

Languages Spoken

English

Rappahannock Westminster Canterbury sponsors a Parkinson's Support Group. The group meets monthly. People living with Parkinson's and their care partners can discuss concerns, needs, and tips for living more productively and enjoying social time. The group features speakers who are involved and know about Parkinson's research and treatment.

A Fit to Move exercise class, geared to assist those with Parkinson's in maintaining muscle tone and coordination, meets three times a week.

The Parkinson's Support Group meets on the second Wednesday of each month from 1 - 2:30 pm. All meetings are held at Rappahannock Westminster-Canterbury, 132 Lancaster Drive, Irvington, VA 22480. Please call to confirm the meetings are in person.

Service Area(s)

Lancaster County

,

Rappahannock County

Email

[info@rw-c.org](mailto:info@rw-c.org)