Arthritis Care and Support, Sheltering Arms Hospital - Mechanicsville

Age Requirements No Age Requirement Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Veterans will need a referral to receive services. **Intake Process** Call for information and an appointment. Intake Contact Telephone (804) 764-1000 **Provider Refer** Yes **Oualifications** Qualification Type Certification **Qualification Entity** Medicaid Qualification Type Certification **Qualification Entity** Medicare.gov **Report Problems** Call the Agency Self Refer Yes Sheltering Arms Physical Rehabilitation Centers https://www.shelteringarms.com https://www.facebook.com/shelteringarms/ https://twitter.com/SheltArmsRehab Rehablog https://www.shelteringarms.com/about-us/rehablog/ Main

(804) 764-1001 Toll-Free (877) 567-3422

8254 Atlee Road 23116 VA United States

Fee Structure Call for Information Payment Method(s) Private Insurance

Medicaid

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Medicare

, Tricare Languages Spoken English

The physical therapists and physicians at Sheltering Arms can work with you on specific exercises and techniques for reducing pain and improving function. As with many conditions, maintaining a healthy, regular exercise regimen can also prove helpful in reducing the pain associated with arthritis. Sheltering Arms' fitness centers, structured fitness classes and warm water therapeutic pool are excellent options for beginning and maintaining this routine.

Service Area(s) Amelia County

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Brunswick County

Caroline County

Charles City County

Charlottesville City

Chesterfield County Colonial Heights City Cumberland County Dinwiddie County Essex County Fredericksburg City Gloucester County Goochland County Greensville County Hampton City Hanover County Henrico County Isle of Wight County James City County King George County King William County King and Queen County Lancaster County Louisa County

Mathews County Mecklenburg County Middlesex County New Kent County Newport News City Norfolk City Northumberland County Nottoway County Petersburg City Powhatan County Prince Edward County Prince George County **Richmond City Richmond County** Southampton County Spotsylvania County Stafford County Sussex County Virginia Beach City

Westmoreland County Email info@shelteringarms.com