

# Balance and Fall Prevention Therapy, Bon Air Center

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Veterans will need a referral to receive services.

Intake Contact Email

PT\_BonAir@shelteringarms.com

Intake Process

Call for information and an appointment. For fitness and pool services, call (804) 764-5275.

Intake Contact Telephone

(804) 764-1000

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Sheltering Arms Physical Rehabilitation Centers

<https://www.shelteringarms.com>

<https://www.shelteringarms.com/conditions-and-services/conditions-treated/>

<https://www.facebook.com/shelteringarms/>

<https://twitter.com/SheltArmsRehab>

Rehablog <https://www.shelteringarms.com/about-us/rehablog/>

Main

(804) 764-1000

Toll-Free

(877) 567-3422

206 Twinridge Lane

23235 VA

United States

Monday: 8:00 am-5:30 pm

Tuesday: 8:00 am-5:30 pm

Wednesday: 8:00 am-5:30 pm

Thursday: 8:00 am-5:30 pm

Friday: 8:00 am-5:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Fitness and pool hours are Monday through Friday from 7:00 am until 7:30 pm.and Saturday from 9:00 am until 1:00 pm.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

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Tricare

Languages Spoken

English

At Sheltering Arms, our physical therapists can perform a comprehensive evaluation to help you pinpoint the underlying causes of your dizziness or balance disorder. We use state-of-the-art equipment for assessment and treatment of balance, including goggles with infrared technology and dynamic posturography testing. Many of our therapists also have specialty certification in vestibular rehabilitation.

Our SMART Balance Master® interactive technology allows your therapist to control the surface where you stand, as well as your visual environment, during therapy sessions to systematically evaluate and address each component of your balance and control. Memberships to the Sheltering Arms fitness centers and warm water therapeutic pool are open to everyone in the community and are a wonderful way to

improve strength and flexibility to help reduce the risk of a fall.

Service Area(s)

Amelia County

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Brunswick County

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Caroline County

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Charles City County

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Charlottesville City

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Chesterfield County

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Colonial Heights City

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Cumberland County

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Dinwiddie County

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Essex County

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Fredericksburg City

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Gloucester County

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Goochland County

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Greensville County

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Halifax County

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Hampton City

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Hanover County

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Henrico County

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Isle of Wight County  
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James City County  
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King George County  
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King William County  
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King and Queen County  
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Lancaster County  
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Louisa County  
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Mathews County  
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Mecklenburg County  
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Middlesex County  
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New Kent County  
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Newport News City  
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Norfolk City  
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Northumberland County  
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Nottoway County  
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Petersburg City  
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Powhatan County  
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Prince Edward County  
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Prince George County

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Richmond City

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Richmond County

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Southampton County

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Spotsylvania County

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Stafford County

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Sussex County

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Virginia Beach City

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Westmoreland County

Email

[info@shelteringarms.com](mailto:info@shelteringarms.com)