Spine and Pain Management

Available 24/7 Yes **Documents Required** Call for details Intake Process Call for information. Admissions information is available on the website. Intake Contact Telephone (804) 877-4000 **Provider Refer** Yes **Report Problems** Call the Agency Sheltering Arms Institute (SAI) https://shelteringarmsinstitute.com/ https://shelteringarmsinstitute.com/conditions-services/spine-pain-management/ https://www.facebook.com/ShelteringArmsInstitute/ https://twitter.com/SAI Rehab Main (804) 877-4000 2000 Wilkes Ridge Drive 23233 VA **United States** Fee Structure Call for Information Payment Method(s) Private Pay **Private Insurance** , Medicaid ,

Medicare Languages Spoken

English

Sheltering Arms Institute is a state-of-the-science, 114-bed, rehabilitation hospital that blends advanced technology, research, and evidence-based clinical care to create superior outcomes for patients.

Features include:

- 212,063 total square feet,
- All private patient rooms,
- Traumatic brain injury, spinal cord injury, complex care, stroke, and general rehabilitation units,
- 9,251 sq. ft. main therapy gym and three satellite gyms,
- Research, conference, and outdoor space,
- Physician, psychology, and nursing services,
- Physical, occupational, and speech therapy,
- Therapeutic recreation,
- Cutting-edge patient care technology and rehabilitation equipment,
- Chapel and dining room,
- Designated visitor areas.

The physical therapists at Sheltering Arms Institute create individualized neck, back, and spine recovery programs to help patients achieve both their short- and longterm rehabilitation goals and minimize recurrences of the problems. Therapists will assist patients to become an expert at performing the prescribed exercises, so a patient can do them in the privacy of their own home.

Service Area(s) Statewide