## Caring for You, Caring for Me (CFYCFM)

**Documents Required** Call for details Family Yes Intake Contact Email info@rosalynncarter.org Intake Process Call or email for information. Intake Contact Telephone (229) 928-1234 **Provider Refer** Yes **Report Problems** Call the Agency Send an Email Self Refer Yes Rosalynn Carter Institute for Caregiving https://www.rosalynncarter.org/ https://www.rosalynncarter.org/programs/caring-for-you-caring-for-me/ https://www.facebook.com/rcicaregiving/ https://twitter.com/rcicaregiving Main (229) 928-1234 800 GSW Drive PO Box 647 Georgia Southwestern State University 31709 GA **United States** Fee Structure No Fee Languages Spoken English

## Spanish

No matter what kind of support a care recipient needs, Caring for You, Caring for Me (CFYCFM) helps caregivers take better care of themselves, collaborate effectively with professional caregivers, and be the best advocate possible for their loved ones. In particular, the program is designed to help unpaid family caregivers and professional caregivers come together to share ideas and gain a better understanding of each other's perspectives.

The Caring for You, Caring for Me program provides education and support to caregivers over a series of five weekly sessions.

Service Area(s) Nationwide Email info@rosalynncarter.org