Dementia Education

Age Requirements No Age Requirement Available 24/7 No Other Eligibility Criteria Varies by program. Intake Contact Joyce Nussbaum Intake Contact Email joyce@vpas.info **Intake Process** Please call or visit the website for more information. Intake Contact Telephone (540) 820-8567 Valley Program for Aging Services (VPAS) http://vpas.info/ https://www.facebook.com/ValleyProgramforAgingServices/ Main (540) 949-7141 Toll-Free (800) 868-8728 325 Pine Avenue 22980 VA **United States** Monday: 8:30 am-4:30 pm Tuesday: 8:30 am-4:30 pm Wednesday: 8:30 am-4:30 pm Thursday: 8:30 am-4:30 pm Friday: 8:30 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure No Fee

Languages Spoken English

Valley Program for Aging Services offers Dealing with Dementia which is a 4-hour workshop that includes an extensive Caregiver Guide. The examples and tips shared during the workshop will increase understanding of the caregiving experience and offer suggestions for managing the daily challenges of caring for someone living with dementia.

Dementia Friends is a 1-hour session for anyone who wants to learn more about dementia, how to recognize some of the signs of dementia, and simple actions to take to interact more sensitively.

Service Area(s) Augusta County Bath County **Buena Vista City** Harrisonburg City **Highland County** Lexington City **Rockbridge County Rockingham County** Staunton City Waynesboro City Email vpas@vpas.info