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Community Support Group, Caregiver for Dementia, Virtually

Date and Time

Weekly on Thursday at 1:00pm for 16 times

Event URL

[Sign up for Community Support Group](#)

Event Region

Northern Virginia

Event Type

Support group

Event Cost

\$0.00

Event Description

Support groups at INsight Memory Care Center give family caregivers the chance to connect, to compare similar journeys, to share practical advice, and to discuss frustrations, fears and hopes. All support groups are free and open to the public. Groups are currently meeting virtually unless otherwise noted. Community Support Group meets Every Thursday from 2:00 pm - 3:30 pm. All are welcome to attend this weekly group meeting for family and friends of those with Alzheimer's disease or other memory impairments. This group allows care partners to share practical advice, discuss frustrations and fears, and connect with others on a similar journey. For more information, contact Markita Brown at 703-204-4664.

<https://www.insightmcc.org/programs/alzheimers-dementia-support-program...>