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## **Don't Operate, Regenerate!**

Date and Time

Friday 1/27/2023 11:00am to 12:00pm

Event URL

[Register Here](#)

Event Region

Charlottesville Area

Event Type

Class - Workshop

Event Cost

\$0.00

Event Description

Don't Operate, Regenerate! Friday, January 27, 12:00–1:00 pm Attendees will learn about distortions that cause chronic inflammation and lead to chronic degenerative disease and arthritis. What causes arthritis and chronic degenerative diseases? Chiropractor Dr. Shawn Pallotti shares simple at-home preventative measures that can fight against arthritis and act as an alternative to surgery. Free and open to all. Offered on the 4th Friday of each month. Register