

## **Companion Care**

Age Requirements

16-21

,

18 and over

Available 24/7

No

Other Eligibility Criteria

No residency requirement

Family

No

Intake Contact Email

ArlingtonVA@optionscorp.com

Intake Process

Phone, Walk-in. Call the office and visit the website for information.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Health

Report Problems

Call the Agency

Self Refer

Yes

Options for Senior America, Arlington

<https://optionscorp.com/location/Fairfax-VA-59>

<https://optionscorp.com/our-services/Fairfax-VA-59>

<https://www.facebook.com/OptionsCorp>

Main

(571) 449-6781

11350 Random Hills Road, Suite 800

22030 VA

United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

Options for Senior America offers home health care. Certified Nursing Assistants and Home Health Aides can provide companion services. Services can include, but not limited to

- Light housekeeping: vacuuming, dusting, cleaning client's bathroom, kitchen maintenance, cleaning after meals and other tasks per client's request.
- Meal planning and preparation  
Personal laundry and linens  
Medication reminders  
Grocery shopping and running errands  
Safety supervision  
Transportation  
Socialization  
Cognitive stimulation  
Help with organization  
Out-of-town travel assistance  
Respite care for family caregivers

Call for more information. Personal and respite care are available. The service area includes cities and counties surrounding Fairfax County.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

Email

[ArlingtonVA@optionscorp.com](mailto:ArlingtonVA@optionscorp.com)