#### **Memory Care Assisted Living**

Assisted Living residences that specialize in caring for people with Alzheimer's Disease and other forms of dementia.

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#### **Virginia Assisted Living Finder**

Need help understanding and simplifying assisted living options? There's an array of senior living options across Virginia that cater to different needs. The Virginia Assisted Living Finder includes housing resources and FAQS on housing topics to help guide you and your family.

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### **Virginia Senior Housing Finder**

Need help understanding and simplifying senior housing? There's an array of senior living options across Virginia that cater to different needs. The Virginia Senior Housing Finder includes housing resources and FAQS on housing topics to help guide you and your family.

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# 11 Housing Options for Older Adults Who Need a Little - or More - Help

Housing ranks among the biggest monthly expenses, but few older adults consider the most appropriate home settings for their needs.

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**AARP** 

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#### **Age and Ability Inclusion Toolkit for Senior Living**

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Age and Ability Inclusion Toolkit for Senior Living

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### How to Stay Connected with a Loved One in Long-Term Care

How to stay close and connected with a loved one in long-term care.

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#### **How to Avoid Going Broke in Long-Term Care**

This article explores ways to protect your assets while also paying for long-term care.

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Smith Strong, PLC

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Medicare.gov: Care Compare Tool for Finding Health Care Providers

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### **CCAL: Advancing Person-Centered Living for Older Adults**

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## **Choosing An Assisted Living Residence: A Consumer's Guide**

An informative guide for understanding the various aspects of choosing an appropriate assisted living residence.

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National Center for Assisted Living (NCAL)

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