

Programs that provide comprehensive physical and psychological assessments specifically for older adults.

Article

## **Geriatric Care Managers Advocate for Older Adults — and Their Caregivers**

Explore how Geriatric Care Managers can help older adults and their caregivers. These professionals, sometimes called aging life care managers, act as private advocates and guides for family members who want to ensure their loved one receives good care.

Source

[AARP](#)

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## **What Is a Geriatric Care Manager?**

A geriatric care manager can help you and your family identify needs and find resources to meet your needs.

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[National Institute on Aging](#)

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## **Aging Life Care Association (ALCA)**

If you are looking for expert assistance in caring for a family member, friend, or yourself, this site will help you learn about Aging Life Care Professionals – a partner to help you make the best decisions and deliver the best solutions for you and your loved one as they age. It's a holistic approach – that respects your values, preferences, and resources.

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[Aging Life Care Association \(ALCA\)](#)

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## **Mid-Atlantic Aging Life Care Association (ALCA)**

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[Mid-Atlantic Aging Life Care Association \(ALCA\)](#)

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## **American Geriatrics Society**

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## **HealthinAging.org**

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## **American Board Of Medical Specialties**

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## **American Association for Geriatric Psychiatry**

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## **Alzheimer's Association, National Capital Area Chapter**

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## Geriatric Assessment

Geriatric assessments are a valuable tool for determining an individual's ability to perform a wide range of activities of daily living including areas of strength, and areas in which an individual might benefit from outside help.

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