

Lifelong Learning

Programs, also called continuing education and adult education, include classes, workshops and other educational programs specifically for adults.

Links

edX: Transformation through education

Source

[edX: Transformation through education](#)

Links

Internet Archive: Free Books, Movies, Software, Music

Source

[Internet Archive: Free Books, Movies, Software, Music](#)

Links

Senior Planet: Live Virtual Classes from AARP

Source

[Senior Planet: Live Virtual Classes from AARP](#)

Links

Oasis Institute - Lifelong Adventure

Source

[Oasis Institute - Lifelong Adventure](#)

Links

AARP Events and Resources Near You

Source

[AARP Events and Resources Near You](#)

Article

Self-Assessment: Is Isolation Affecting Me?

You can take the Connect2Affect Self-Assessment for social isolation for yourself or someone you know.

Source

[AARP](#)

Links

Virginia Cooperative Extension

Source

[Virginia Cooperative Extension](#)

Article

Age in Action: PALETTE-An Intergenerational Art Program to Improve Health Care Delivery and Health Outcomes of Older Adults

This Age in Action newsletter explores how an intergenerational arts and movement program that pairs older adults and pre-clinical health care professions students provides benefits for all.

Source

[Virginia Center on Aging](#)

Article

Blaze A Trail To Reinvention

Today, older Americans are living longer and are more healthy than ever before. Many retirees are finding new inspiration in second careers, helping others, discovering new interests, and pursuing dreams.

Source

[Administration for Community Living](#)

Links

Virginia's Community Colleges

Source

[Virginia's Community Colleges](#)

Pagination

- [Current page 1](#)
- [Page 2](#)
- [Next page >>](#)
- [Last page Last >>](#)

Showing 1-10 of 20 Results