Programs that help people with the process one uses to plan finances and retirement income.

Books & Guides

# Savings Fitness: A Guide to Your Money and Your Financial Future

Savings Fitness: A Guide to Your Money and Your Financial Future starts you on the way to setting goals and putting your retirement high on the list of personal priorities.

Source <u>U.S. Department of Labor</u> Books & Guides

## A Simple Guide to What Everyone Needs to Know About Money & Retirement

<u>A Simple Guide to What Everyone Needs to Know About Money & Retirement</u> provides basic information and strategies to assist your retirement planning.

Source <u>Women's Institute For A Secure Retirement</u> Links

### AARP: Social Security Resource Center

Source AARP: Social Security Resource Center Links

### LongTermCare.gov

The Administration for Community Living, an agency of the U.S. Department of Health and Human Services, brings together the efforts of the Administration on Aging, the Administration on Intellectual and Developmental Disabilities, and the HHS Office on Disability to serve as the Federal agency responsible for increasing access to community supports, while focusing attention and resources on the unique needs of older Americans and people with disabilities across the lifespan. http://www.hhs.gov/acl/

Source LongTermCare.gov Article

#### **Retirement Planning**

Retirement can be a time to explore new possibilities or to slow down and fully enjoy the life you spent your working years building.

Source <u>Consumer Reports</u> Links

## Invester.gov, U.S. Securities and Exchange Commission

Source Invester.gov, U.S. Securities and Exchange Commission Links

### **The Motley Fool: Retirement**

Source <u>The Motley Fool: Retirement</u> Links

## **Kiplinger's Personal Finance**

Source <u>Kiplinger's Personal Finance</u> Links

### **RetirementJobs.com**

Source <u>RetirementJobs.com</u> Links

### Federal Employee Retirement System (FERS)

Source Federal Employee Retirement System (FERS)

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