

## **Memory Care Nursing Facilities**

Nursing Facilities that care for people with Alzheimer's disease and other forms of dementia.

Article

## **Virginia Assisted Living Finder**

Need help understanding and simplifying assisted living options? There's an array of senior living options across Virginia that cater to different needs. The Virginia Assisted Living Finder includes housing resources and FAQs on housing topics to help guide you and your family.

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Article

## **Virginia Senior Housing Finder**

Need help understanding and simplifying senior housing? There's an array of senior living options across Virginia that cater to different needs. The Virginia Senior Housing Finder includes housing resources and FAQs on housing topics to help guide you and your family.

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## **11 Housing Options for Older Adults Who Need a Little - or More - Help**

Housing ranks among the biggest monthly expenses, but few older adults consider the most appropriate home settings for their needs.

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[AARP](#)

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## **Essential Questions to Ask a Nursing Home**

Choosing a nursing home can be challenging. Learn about some essential questions to ask when considering nursing home options.

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[U.S. News & World Report](#)

Links

## **Nursing Home Inspect from Pro Publica**

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[Nursing Home Inspect from Pro Publica](#)

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## **Finding a Nursing Home: Don't Wait Until You Need One to Do the Research**

If you're looking for a high-quality nursing home, the advice from experts is loud and clear: Do your homework.

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[AARP](#)

Links

## **Age and Ability Inclusion Toolkit for Senior Living**

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[Age and Ability Inclusion Toolkit for Senior Living](#)

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## **How to Stay Connected with a Loved One in Long-Term Care**

How to stay close and connected with a loved one in long-term care.

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## **How to Avoid Going Broke in Long-Term Care**

This article explores ways to protect your assets while also paying for long-term care.

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[Smith Strong, PLC](#)

Books & Guides

## **Your Guide to Choosing a Nursing Home or Other Long-Term Services and Supports**

[Your Guide to Choosing a Nursing Home or Other Long-Term Services & Supports](#) provides information on how to find and compare nursing homes and other long-term services and supports.

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[Centers for Medicare & Medicaid Services](#)

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