

## **Alcohol**

Get the facts about alcohol use and older adults. There are many considerations and issues related to alcohol use including interactions between alcohol and medications and alcohol abuse and addiction.

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[Mental Health Support: Find support for mental health, drugs or alcohol](#)

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## **Drug Topics from the National Institute on Drug Abuse**

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[Drug Topics from the National Institute on Drug Abuse](#)

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## **Older Adults and Alcohol**

Older adults can experience a variety of problems from drinking alcohol including increased sensitivity to alcohol, health problems, and medication interactions.

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[National Institute on Alcohol Abuse and Alcoholism](#)

Books & Guides

## **Learn Alcohol Basics: Information for Older Adults**

[Learn Alcohol Basics](#) provides information on how to enhance your health and safety as you age.

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[Virginia Department of Alcoholic Beverage Control](#)

Article

## **How to Talk to an Older Adult Who Has a Problem with Alcohol or Medications**

Some older adults struggle with alcohol abuse, some with overuse of prescription medications, and some with both.

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[Hazelden Betty Ford Foundation](#)

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## **Substance Abuse and Mental Health Services Administration (SAMHSA)**

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[Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)

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## **Learn-About-Alcoholism.com**

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## **Alcoholics Anonymous (AA)**

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## **National Institute on Alcohol Abuse and Alcoholism at NIH**

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## **Virginia Association of Community Services Boards, Inc.**

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