

Older adults have an increased risk for many preventable diseases. Recommended immunizations include seasonal flu/influenza vaccines, the Td or Tdap vaccine (tetanus, diphtheria, pertussis) and the shingles vaccine.

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Article

Reduce Your Risk from Respiratory Viruses This Holiday Season

Each year, the CDC anticipates peaks of respiratory disease activity from December to February. Learn more about how to reduce your risk.

Source

Centers for Disease Control (CDC)

Links

Disability Information and Access Line (DIAL)

Source

[Disability Information and Access Line \(DIAL\)](#)

Article

What You Need to Know About Mpox (Monkeypox)

Monkeypox is a rare disease caused by infection with the monkeypox virus. Monkeypox symptoms are similar to smallpox symptoms, but milder, and monkeypox is rarely fatal.

Source

[Centers for Disease Control \(CDC\)](#)

Article

Latest Virginia COVID-19 Vaccine, Booster Shot & Flu Vaccine Information

Get the latest Virginia COVID-19 vaccination and booster information!

Source

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Virginia Department of Health COVID-19 Vaccination Response

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[Virginia Department of Health COVID-19 Vaccination Response](#)

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Benefits of Getting a COVID-19 Vaccine

Learn important facts and benefits about the COVID-19 vaccine.

Source

[Centers for Disease Control \(CDC\)](#)

Article

Vaccines for Everyone

August is National Immunization Awareness Month (NIAM). Get vaccinated to prevent serious disease.

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[Centers for Disease Control \(CDC\)](#)

Links

[CDC: End of the Federal COVID-19 Public Health Emergency](#)

Source

[CDC: End of the Federal COVID-19 Public Health Emergency](#)

Article

[Pneumonia Can Be Prevented - Vaccines Can Help](#)

Lower your risk of pneumonia with vaccines and other healthy living practices.

Source

[Centers for Disease Control \(CDC\)](#)

Links

[American Lung Association's Flu Clinic Locator](#)

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[American Lung Association's Flu Clinic Locator](#)

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