### **Planning for LTC**

Thinking ahead and planning for your family's long-term care needs can make a difference for everyone.

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## **Can I Get Paid to Be a Caregiver for a Family Member?**

There are programs to help alleviate the financial burden of family caregiving.

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**AARP** 

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## **Aging in Place: Your Home, Your Community, Your Choice**

Learn more about the essentials of a successful plan using the materials available on this web page. Topics covered include: housing, health and wellness, transportation, personal finance, and social connections and growth.

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Aging in Place: Your Home, Your Community, Your Choice

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### **Age and Ability Inclusion Toolkit for Senior Living**

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Age and Ability Inclusion Toolkit for Senior Living

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# Virtual Advance Care Planning Conversations from Honoring Choices Virginia

Find out about Honoring Choices Virginia's Virtual Advance Care Planning Conversations.

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Honoring Choices® Virginia

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#### **PREPARE** for Your Care

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PREPARE for Your Care

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# **Honoring Choices Virginia: Advance Care Planning Resources and Tools**

Honoring Choices Virginia has developed a suite of educational materials about advance care planning and related topics. These resources are free to the public and available for personal download.

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Honoring Choices® Virginia

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### **National Aging in Place Council (NAIPC)**

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National Aging in Place Council (NAIPC)

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### **Age-Friendly Resources**

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Age-Friendly Resources

### **Advance Directives and Long-Term Care**

Advance directives explain how you want medical decisions to be made when you're too ill to speak for yourself.

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Centers for Medicare & Medicaid Services

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### **Fairfax County Golden Gazette**

The Golden Gazette is a free monthly community newsletter that covers a variety of topics and community news concerning older adults and caregivers in Fairfax County Source

Fairfax County

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